**UNDERSTAND THE FIVE LOVE LANGUAGES**

“Love Languages” is a way cool concept. It was developed by a man named Dr. Gary Chapman. The idea behind the concept is that each of us naturally feels loved in various ways. Dr. Chapman has identified 5 different love languages. The five love languages are…

* Affirmation
* Touch
* Gifts
* Acts of Service
* Quality Time

Think about it. Some of us like to be touched. Some of us do not like to be touched. It’s important to know the primary love language of those we care about so we can show them honest, sincere, and appropriate appreciation.

There is a simple 10 minute survey you can take to find out the ranking of your love languages. You can do this by going to *www.5lovelanguages.com* and taking the survey.

In the meantime, I bet you can figure out your primary love language or at least identify which love languages you do not prefer.

* Do you like it when people verbally affirm you?
* Do you like to be physically close to people or is that something you tend to avoid?
* What about gifts? Do you get excited when someone gives you a gift, or would you rather have a hug, or have someone tell you something affirming?
* Do you appreciate it when others do something nice for you or do you barely notice it?
* How about quality time? Do you have people in your life that you just want to spend time with no matter what you are doing?

Which of the love languages do you most want from a parent or grandparent?

Think about it for a moment and rank the love languages from 1 to 5, with 1 being the love language you most appreciate and 5 being the love language you least appreciate.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Consider confirming what you wrote above by taking the survey at *www.5lovelangauges.com* and think about having those you live with, or your best friends, take the survey.

Understanding the love language of those in your life you care about most is a two thumbs up!

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